



PRESENTS

WELLNESS & *Self Care Panel*

TUESDAY, FEB 4, 2025

11:30 A.M. - SANTA ROSA CATHOLIC CHURCH HALL

WE WELCOME:

COLLEEN JUAREZ

MADELEINE PERRONE

PEP FERNANDEZ

DEBBIE STEVENS

LUNCH PROVIDED BY THE SPOT, 1235 KNOLLWOOD, CAMBRIA, 93428

*****DEADLINE FOR RESERVATIONS: JANUARY 28, 2025*****

#1 - CUBANO: PANINI

SLICED PORK LOIN, HAM, DILL PICKLES, SWISS CHEESE, DIJON MAYO SPREAD ON FRENCH ROLL

#2 -THE FRENCH ONION PANINI

TRI-TIP, GRILLED ONIONS, MUSHROOMS, PROVOLONE CHEESE & ROASTED GARLIC AIOLI ON FRENCH ROLL

#3 - MUSHROOM CREPE - VEGGIE

FILLED WITH SAUTEED MUSHROOMS & SPINACH, TOPPED WITH BECHAMEL SAUCE, & PARMESAN

#4 MEDITERRANEAN WRAP

GLUTEN-FREE/VEGETARIAN

HOMEMADE HUMMUS, SPINACH, TOMATO, ONION, CUCUMBER, FETA CHEESE IN A TOMATO BASIL TORTILLA

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|--|----------------|
| CCSF MEMBER MEAL: | |
| #1 ___ #2 ___ #3 ___ #4 ___ | \$25 EA |
| ORDER YOUR GUEST'S MEAL: | |
| #1 ___ #2 ___ #3 ___ #4 ___ | \$25 EA |
| GUEST NAME: _____ | |
| DONATION: | \$ _____ |
| TOTAL: | ***** \$ _____ |
| ORDER ON THE WEBSITE, PAY ONLINE USING PAYPAL, OR MAIL YOUR CHECK TO CAMBRIA COMMUNITY SCHOLARSHIP FOUNDATION, 1241 KNOLLWOOD DRIVE, SUITE 88, CAMBRIA, CA 93428 | |

CAMBRIA COMMUNITY SCHOLARSHIP FOUNDATION ENCOURAGES THE PURSUIT OF HIGHER EDUCATION BY ANNUALLY AWARDING SCHOLARSHIPS TO QUALIFIED LOCAL STUDENTS!

QUESTIONS? CALL, TEXT, OR EMAIL RAMONA VOGEL, 1ST VP PROGRAMS (805)400-5353

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